THRIVE PATH

COLLECTIVE

Where Mental Health, Faith, Relationships & Life Meet

— — —

FOUNDING MEMBERSHIP

$59 / MONTH

Learn. Reflect. Grow. Thrive.

A faith-integrated membership for psychoeducation, mental health coaching, trauma-informed coaching and education, chaplaincy/pastoral support, relationship and family education, personal development, and resource navigation.

The Vision

Thrive Path Collective is a recurring membership community designed to help people better understand themselves, strengthen relationships, develop practical skills, navigate difficult seasons, and explore the connection between emotional wellness and spiritual growth.

This is not simply a video library. It is an expanding ecosystem of teaching, reflection, coaching, conversation, practical tools, live learning, books, and resource navigation. Members receive continuing value each month while deeper programs, masterclasses, intensives, and individual services remain available separately.

The Thrive Path Approach

We walk alongside you. Sometimes that means education. Sometimes it means a trauma-informed conversation. Sometimes it means coaching. Sometimes it means spiritual and pastoral support. And sometimes it means helping you recognize that another professional or specialized resource should become part of your support system.

Thrive Path is both a place to grow and a bridge to what may come next.

The Bridge

The Bridge is a signature feature within Thrive Path Collective—not a separate membership. Members do not always have to know where to go next. When a situation calls for support beyond the scope of Thrive Path, the goal is to help the member identify the appropriate next type of resource.

- Licensed mental-health professionals
- Physicians or other healthcare professionals
- Substance-use treatment and recovery resources
- Community and family-support services
- Pastoral or spiritual-care resources
- Crisis or emergency services when immediate help is needed

The Bridge does not replace those professionals. It helps people recognize when additional support may be appropriate and points them toward the next door.

Trauma-Informed Coaching & Education

A central part of the Thrive Path approach is trauma-informed coaching and education. This recognizes that past experiences can influence how people understand themselves, relationships, conflict, safety, trust, spirituality, emotions, and the world around them.

- Triggers, stress responses, and self-awareness
- Childhood and developmental experiences
- Relationships, communication, and boundaries
- Grief, loss, shame, resilience, and personal growth
- Emotional-regulation education and practical skills
- Spirituality, meaning, faith, and life transitions

Founding Membership — $59/Month

Recurring monthly membership. The membership continues monthly until canceled in accordance with the membership terms.

What Members Receive

1. The Thrive Path Digital Library

Continuing access to an expanding library of video teachings, audio resources, workbooks, reflection guides, worksheets, exercises, recommended resources, and other educational materials.

2. Monthly Featured Teaching

A new featured teaching addressing an important area of mental, emotional, relational, or spiritual wellness.

3. Live Member Conversations

Scheduled educational conversations, Q&A sessions, and group learning experiences for reflection, questions, practical application, and community learning.

4. Complimentary Introductory Consultation

One complimentary 30-minute introductory consultation for active members to discuss goals, identify relevant Thrive Path resources, explore appropriate coaching or pastoral support, and consider whether another professional resource may be appropriate.

5. Preferred Individual Coaching Rate

Standard individual coaching session: $70. Active member rate: $55. The discounted rate is separate from membership, subject to availability, and may be limited to a specified number of sessions per month.

6. Member Book Benefits

Special member pricing on selected books and resources. The Imago Dei Interrupted: Turning Chaos into Clarity — member price: $15. Selected study guides or companion resources may also be included.

7. The Bridge — Resource Navigation

Guidance in identifying the type of additional professional, community, pastoral, healthcare, recovery, or emergency resource that may be appropriate when a need extends beyond Thrive Path's scope.

8. Preferred Pricing on Premium Experiences

Members may receive preferred pricing or early access to selected masterclasses, multi-week group coaching programs, five-day challenges, seven-part teaching series, workshops, relationship programs, parenting programs, Helping Skills training, retreats, special events, future books, and courses.

Core Library Pathways

- Trauma & Emotional Wellness — trauma-informed education, triggers, emotional regulation, resilience, boundaries, grief, shame, and personal growth.
- Faith & Mental Health — spirituality, prayer, emotional wellness, forgiveness, spiritual struggle, church experiences, and responsible help-seeking.
- Marriage & Relationships — communication, conflict, trust, accountability, connection, boundaries, and healthy relationship skills.
- Parents & Families — parent-child communication, family relationships, childhood development, generational patterns, and emotionally supportive homes.
- Youth & Young Adults — identity, relationships, emotional wellness, purpose, pressure, spirituality, communication, and life transitions.
- Helping & Listening Skills — listening, responding, supporting, recognizing boundaries, referral, and knowing when additional help may be needed.
- Personal Development — purpose, habits, self-awareness, communication, accountability, spirituality, and practical growth.

How the Membership Fits the Larger Thrive Path Business

$59 buys access—not unlimited access to Jermy. The membership should create recurring value without giving away every premium program or unlimited private time.

Level	Purpose	Examples
Free	Discovery & trust	Short videos, public teaching clips, interviews, social content
$59 Membership	Ongoing access & continuity	Library, monthly teaching, live conversations, book benefits, The Bridge
Premium	Deeper structured learning	Masterclasses, 5-day challenges, 7-part series, 12-week group coaching
Individual	Personalized coaching	Separate coaching sessions at public/member rates
Organizations	Institutional training	Churches, schools, ministries, workshops, speaking, training packages

The Free / Member / Premium Rule

FREE: Does this help someone discover, understand, and trust the Thrive Path approach?

MEMBER: Does this provide ongoing education, practical tools, and a reason to remain subscribed?

PREMIUM: Does this require substantial access to Jermy, a structured multi-session process, significant curriculum, personalized feedback, or intensive training?

Examples of Premium Offers Kept Outside the $59 Membership

- Turning Chaos Into Clarity — 12-week group coaching/mastermind experience based on the book
- Seven-part psychoeducational or faith-and-wellness teaching series
- From Broken to Wholeness — five-day challenge
- Standalone masterclasses and intensives
- Helping Skills training
- Relationship and parenting intensives
- Retreats, organizational training, and speaking engagements

About Jermy Arnold

Jermy Arnold, M.Div.

Pastor • Chaplain • Mental Health Coach • Trauma-Informed Educator • Author • Motivational Speaker

Jermy Arnold is a Princeton Theological Seminary graduate whose work explores the intersection of mental, emotional, relational, and spiritual wellness. His formation includes supervised Clinical Pastoral Education (CPE) in a hospital setting, along with specialized education and training in mental health coaching, trauma-informed approaches, childhood and developmental trauma, marriage and family-related helping approaches, and related areas of human development.

Through Thrive Path, Jermy integrates mental health coaching, trauma-informed coaching and education, psychoeducation, pastoral and chaplaincy support, faith integration, relationship and family education, emotional-wellness education, listening and helping skills, personal development, and resource navigation.

Relevant degrees, certificates, CPE documentation, and training records can be provided when verification is required; the public-facing membership materials do not need to display a complete credential inventory.

Scope of Care

Thrive Path provides coaching, psychoeducation, trauma-informed coaching and education, pastoral/chaplaincy support, personal development, relationship and family education, practical resources, and resource navigation within Jermy's education and training.

When a need calls for services outside that scope, Thrive Path helps participants identify appropriate professional or emergency resources. Thrive Path membership is not a substitute for licensed clinical or medical care when such care is needed.

The membership is structured as education, coaching, pastoral/chaplaincy support, and resource navigation. It should not be marketed or delivered as diagnosis, psychotherapy, psychiatric care, medication management, or an independently developed clinical treatment plan.

Emergency & Crisis Guidance

Thrive Path is not an emergency-response service. Members should not wait for a Thrive Path appointment, message, or consultation when immediate safety or medical intervention is needed.

In the United States, a person experiencing a mental-health or suicide crisis may call or text 988. For an immediate medical or safety emergency, call 911 or go to the nearest emergency department.

New York Scope Note

New York Education Law preserves room for clergy to provide pastoral counseling within their ministerial charge and for individuals, churches, schools, organizations, and not-for-profit businesses to provide instruction, advice, support, encouragement, or information. New York law also restricts licensed professional titles and certain clinical practices. Thrive Path should therefore continue to describe and deliver its services according to the actual scope stated in this document.

Reference: New York State Education Department, Office of the Professions — Education Law Articles 154 (Social Work) and 163 (Mental Health Practitioners). Final terms, privacy language, refund/cancellation policy, and service agreements should be reviewed by a New York attorney before launch.

Suggested Public-Facing Scope Statement

Thrive Path provides coaching, psychoeducation, trauma-informed coaching and education, pastoral/chaplaincy support, personal development, and resource navigation. When a need calls for services outside that scope, Thrive Path helps participants identify appropriate professional or emergency resources. Thrive Path membership is not a substitute for licensed clinical or medical care when such care is needed.

The Thrive Path Promise

We educate.

We listen.

We help you reflect.

We provide practical tools.

We engage in trauma-informed coaching and education.

We integrate faith and emotional wellness responsibly.

We walk alongside you.

And when your situation requires something beyond our scope, we help you recognize the next door to knock on.

THRIVE PATH COLLECTIVE

$59/month • Learn. Reflect. Grow. Thrive.